

# Global Fast Food

From 12.00

Teriyaki seared tuna  
with sesame noodle salad

From 13.00

Lamb and apricot sosaties  
with tomato sambal and maize meal porridge

From 14.00

Tortilla Español  
with salsa Diablo

From 15.00

Chilli chocolate fajitas  
with pepper, corn and lime salad

Dishes demonstrated and served today are low in fat, salt and sugar and designed to make the best use of easy to find and affordable, seasonal ingredients most of which can be sourced locally.

For more information about our work visit:



[www.communitychef.org.uk](http://www.communitychef.org.uk)